

# IN FOCUS ...

## Addictions and Substance Abuse



A research guide to the collections of the  
Cudahy Family Library  
Prepared October, 2007  
Michelle Gibbs, Adult Services Department



## Books and Audiovisual Materials

CountyCat, the library catalog, lists all the books and audiovisual materials found at the Cudahy Family Library. You can search the catalog from the library computers or from a remote location such as your home computer via the internet at <http://countycat.mcfls.org>. Some of the subject headings related to addictions and substance abuse include:

Addicts	Drug abuse
Adult children of alcoholics	Drug addiction
Alcohol use	Gambling
Alcoholics	Internet addiction
Alcoholism	Nicotine addiction
Codependency	Smoking
Compulsive behavior	Smoking cessation
Compulsive eating	Steroids
Compulsive shopping	Substance abuse
Doping in sports	Tobacco use
	Twelve step programs

You can also search under the name of a particular drug, for example "Cocaine" or "Ecstasy," or a class of drugs, for example "Amphetamines" or "Hallucinogenic drugs."

### Reference Books

Located on the open Reference shelves behind the Reference Desk

- 362.29 F193 *Dangerous Drugs: An Easy-to-Use Reference for Parents and Professionals*  
- Describes types of drugs, abuse statistics, signs of addiction, and how to get help.
- 615.78 S529 *Recreational Drugs: A Directory*  
- Photos and descriptions of most common recreational drugs.

616.89 H167 *Caring for the Mind: The Comprehensive Guide to Mental Health*

- Includes information on substance abuse and mental health.

## **Magazines and Journals**

You can access thousands of magazine and journal articles through EBSCOhost, an electronic database available through CountyCat, the library catalog. These articles may be accessed from any computer in the library or from a remote location such as your home computer via the internet at <http://countycat.mcfls.org>. From the main screen, click on the "Subscription Databases" link and then choose EBSCOhost.

## **Selected Internet Sites**

### **Alcoholics Anonymous**

<http://www.aa.org>

Information on Alcoholics Anonymous' programs and publications.

### **American Lung Association**

<http://www.lungusa.org>

The American Lung Association fights lung disease in all its forms, with special emphasis on asthma, tobacco control and environmental health.

### **Columbia Gambling Disorders Clinic**

<http://www.columbiagamblingdisordersclinic.org>

Information about gambling problems and treatment.

### **Freevibe**

<http://www.freevibe.com>

Teen-focused site with information about drugs, addiction, and prevention.

## **Go Ask Alice**

<http://www.goaskalice.columbia.edu>

A health question and answer service produced by Columbia University's Health Promotion Program.

## **Institute for Research on Pathological Gambling and Other Related Disorders**

<http://www.divisionaddictions.org/institute/index.htm>

Strengthens worldwide understanding of addiction through research, education, and the exchange of information.

## **Narcotics Anonymous**

<http://www.na.org>

Information on Narcotics Anonymous' programs and publications.

## **National Center on Addiction and Substance Abuse**

<http://casacolumbia.org>

An organization that brings together all the professional disciplines needed to study and combat abuse of all substances - alcohol, nicotine as well as illegal, prescription and performance enhancing drugs.

## **National Clearinghouse for Alcohol and Drug Information**

<http://ncadi.samhsa.gov>

The Substance Abuse and Mental Health Services Administration's one-stop resource for information about substance abuse prevention and addiction treatment.

## **National Council on Alcoholism and Drug Dependence**

<http://ncadd.org>

NCADD fights the stigma and disease of alcoholism and other drug addictions.

## **National Council on Problem Gambling**

<http://www.ncpgambling.org>

The national advocate for programs and services to assist problem gamblers and their families.

### **National Families in Action**

<http://www.nationalfamilies.org>

Helps families and communities prevent drug use among children by promoting policies based on science.

### **National Institute on Alcohol Abuse and Alcoholism**

<http://www.niaaa.nih.gov>

NIAAA provides leadership in the national effort to reduce alcohol-related problems.

### **National Institute on Drug Abuse**

<http://www.drugabuse.gov>

NIDA's mission is to lead the nation in bringing the power of science to bear on drug abuse and addiction.

### **Office of National Drug Control Policy**

<http://www.whitehousedrugpolicy.gov>

Establishes policies, priorities, and objectives for the nation's drug control program.

### **Office on Smoking and Health of the Centers for Disease Control and Prevention**

<http://www.cdc.gov/tobacco>

The lead federal agency for comprehensive tobacco prevention and control.

### **On-Line Gamers Anonymous**

<http://www.olganonboard.org>

A twelve-step, self-help organization dedicated to helping those addicted to computer/video/console/on-line games.

### **Overeaters Anonymous**

<http://www.aa.org>

Information on Overeaters Anonymous' programs and publications.

### **Partnership for a Drug-Free America**

<http://www.drugfree.org>

Information on drug prevention, drug abuse, drug intervention, drug treatment and recovery.





## **Cudahy Family Library**

3500 Library Drive

Cudahy, WI 53110

Phone: (414) 769-2244

Fax: (414) 744-2848

Website: [www.cudahyfamilylibrary.org](http://www.cudahyfamilylibrary.org)

### Hours

Sunday: Noon - 4 p.m.

Monday - Thursday: 10 a.m. - 8 p.m.

Friday: 9 a.m. - 5 p.m.

Saturday: 9 a.m. - 5 p.m. (Sept. - May)

Saturday: Noon - 4 p.m. (June - August)